

## Antiage

# Proteinous Lifting Therapy

Anti-ageing treatment for instant skin "lifting" with a protein cocktail for all skin types.

Professional cosmetic facial treatment that offers strong firming action to the skin, instant "lifting" effect and improves its consistency. Also, it retains collagen and elastin content in a high level, smoothes wrinkles and provides brightness. This treatment is based on the action of cosmetic products containing high concentrations of proteins and firming agents in synergy with a specialized peeling and cellular stimulating system.

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### Main action

Firming, lifting, cellular stimulation of the epidermis.

### Skin concerns

Lack of elasticity, fine lines & wrinkles.

### Skin types

All skin types

### Secondary action

Hydration, wrinkle smoothing, glow.

### Contraindications

Contraindicated in skin herpes zoster.

### Key ingredients

Albumine, Zea Mays, Milk Peptide, Osilift, Phytodermina Lifting, Collagen, Elastin, MS HC, Liftessence, Hyaluronic Acid, Oxyforce Cellular Active, Kombuchka, Keratoplast, Pentacare.

**Suggested applications:** 4-10, based on the skin condition. This protocol can also be applied either once to enhance elasticity or systematically for skin "lifting" effect.

**Session duration:** 45-50 minutes

**Repeatability:** 2 times a week

**Maintenance:** Once per month

### Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

#### 1a. Hydra Cleansing Milk

Cleanse the face and neck thoroughly with Hydra Cleansing Milk and remove with wet cotton pads.

#### 1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

*(Total duration: 3 minutes)*

### Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized anti-ageing peeling system in **3 stages**:

#### 2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes\* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed.\* In the meantime, mix and apply the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. *(Duration: 9-11 minutes)*

#### 2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

#### 2c. Yellow Peeling (0.7-1ml)

Apply 0.7-1 ml Yellow Peeling (Retinoid 1%, Ascorbic Acid 2% (3-O-Ethyl Ascorbic Acid), Glycolic Acid 7% Lactic Acid 7.2%, Panthenol / pH~3.0). Leave on for 7 minutes and do not remove. In case of irritation, remove with water and continue the protocol. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

*(Total duration: 16-18 minutes)*

## Antiage Proteinous Lifting Therapy

### Step 3: Proteinous Lifting System

This step aims to increase the skin's collagen and elastin content and to strengthen the skin's supportive tissues, in **2 stages**:

#### 3a. Collagen Elastin Serum (1ml)

On dry, oil-free skin apply 1ml Collagen Elastin Serum and massage gently until it is absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

#### 3b. Proteinous Lifting Mask (3g) & Proteinous Lifting Lotion (5ml)

Apply the Proteinous Lifting Mask according to the following instructions: In a bowl, mix 3g Proteinous Lifting Mask with 5ml Proteinous Lifting Lotion until a uniform paste is formed. Apply the mask on the face and neck using a brush and follow the muscle fibers direction. Leave on for 20 minutes until the mask is completely dry. Then, remove the mask as follows: use a mixture of water and Hydra Cleansing Milk, apply it with a brush on the face and neck on top of the previously applied mask. After it has been softened, rinse with moistened cotton pads. *(Duration: 23 minutes)*

*(Total duration: 25 minutes)*

### Step 4: Hydra Lifting System

This step aims to intensively and instantly firm and lift the epidermis on the face contour and neck, in **2 stages**:

#### 4a. Lifting Fort Serum (1ml)

On dry, oil-free skin apply 1ml Lifting Fort Serum on the face and neck and gently massage it until it is absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

#### 4b. Lifting Cream (2ml)

Apply 2ml Lifting Cream on face and neck and gentle massage it until it is absorbed. *(Duration: 1 minute)*

*(Total duration: 3 minutes)*

### Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. *(Duration: 1 minute)*

### Step 6: Home Daily Regimen

Morning:

- Lifting Fort Serum
- Hydra Firming Cream

or

- Lifting Cream

Night:

- AHA Smoothing Cream
- Collagen Elastin Serum

Strongly recommend use of home regimen products during and in between treatments. Products should be used tactically until all contents (ex: Jar= 50ml) have been utilized.

## Antiage Proteinous Lifting Therapy

	Step	Product	Quantity/ application	Duration
<b>1</b>	<b>Cleansing System</b>	Hydra Cleansing Milk	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
<b>2</b>	<b>Triple Action Peeling System</b>	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Yellow Peeling	0.7-1ml	
<b>3</b>	<b>Proteinous Lifting System</b>	Collagen Elastin Serum	1ml	2 minutes
		Proteinous Lifting Lotion	5ml	23 minutes
		Proteinous Lifting Mask	3g	
<b>4</b>	<b>Hydra Lifting System</b>	Lifting Fort Serum	1ml	2 minutes
		Lifting Cream	2ml	1 minute
<b>5</b>	<b>Sun Protection</b>	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute

### Home Daily Regimen: Morning - Night



**Lifting Fort Serum**



**Hydra Firming Cream  
or Lifting Cream**



**AHA Smoothing Cream**



**Collagen Elastin Serum**