

## Hydration

# Hydra Collagen Therapy

**Treatment for moisturizing and tightening effect that protects skin's barrier with collagen for dehydrated, normal, dry and oily skin.**

Cosmetic professional facial treatment to instantly restore skin's hydration balance and enhance its cohesion and firmness suitable for dehydrated skin. This treatment is based on the action of cosmetic products containing high concentrations of Hyaluronic Acid, Collagen, Elastin and stem cells in synergy with a specialized peeling and cellular stimulating system.

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### **Main action**

Hydration, tightening, cellular stimulation of the epidermis.

### **Secondary action**

Toning, skin barrier protection.

### **Skin concerns**

Skin dehydration, sagging and mature skin.

### **Contraindications**

Contraindicated in skin herpes zoster.

### **Skin types**

Normal, dry, combination and oily skin.

### **Key ingredients**

Collagen, Malus Domestica, HMW Hyaluronic Acid, Mini Hyaluronic Acid, Elastin Marine, Marine Collagen, Resveratrol, Myrothamnus Extract, Ascorbic Acid, L-Arginine.

**Suggested applications:** This protocol can also be applied individually or combined with other protocols for hydration.

**Session duration:** 40-45 minutes

## Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

### 1a. Hydra Cleansing Milk

Cleanse the face and neck thoroughly with Hydra Cleansing Milk and remove with wet cotton pads.

### 1b. AHA Preparation Lotion

Then apply AHA Preparation Lotion with a cotton pad to rejuvenate the skin.

*(Total duration: 3 minutes)*

## Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized peeling system for moisturizing action in **3 stages**:

### 2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes\* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. \*In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. *(Duration: 9-11 minutes)*

### 2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

### 2c. Protection Peeling (0.7-1ml)

Apply 0.7-1ml Protection Peeling (Glycolic Acid 10.5%, Lactic Acid 5.4%, Panthenol / pH~2.7). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

*(Total duration: 16-18 minutes)*

## Step 3: Hydra Firming System

This step aims to enhance the skin cells structural integrity with Collagen Elastin Serum and Collagen Cell Wrap, in **2 stages**:

### 3a. Collagen Elastin Serum (1ml)

On dry, oil-free skin apply 1ml Collagen Elastin Serum on the face and neck. Allow it to be absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

### 3b. Collagen Cell Wrap

Apply the Collagen Cell Wrap on the face. Use each piece on the suitable part of the face and neck and dampen the mask, piece by piece, with water using a soft brush to adjust it on the face and neck. Leave for 15 minutes and then remove all the pieces. *(Duration: 15 minutes)*

*(Total duration: 17 minutes)*

## Step 4: Hydra Protecting System

The goal of this step is to hydrate and enhance the skin's elasticity with collagen, elastin and hyaluronic acid in **2 stages**:

### 4a. Collagen Elastin Serum (1ml)

On dry, oil-free skin apply 1ml Collagen Elastin Serum on the face and neck and allow it to be absorbed. *(Duration: 2 minutes)*

### 4b. Extra Moisturizing Cream (2ml)

Apply 2ml Extra Moisturizing Cream on the face and neck and massage gently until absorbed. *(Duration: 1 minute)*

*(Total duration: 3 minutes)*

## Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. *(Duration: 1 minute)*

## Step 6: Home Daily Regimen

Morning:

- Hyaluronic Acid Serum
- Extra Moisturizing Cream

Night:


- Collagen Elastin Serum
- Extra Moisturizing Cream

Strongly recommend use of home regimen products during and in between treatments. Products should be used tactically until all contents (ex: Jar= 50ml) have been utilized.


## Hydration Hydra Collagen Therapy

	Step	Product	Quantity/ application	Duration
<b>1</b>	<b>Cleansing System</b>	Hydra Cleansing Milk	1ml	3 minutes
		AHA Preparation Lotion	1ml	
<b>2</b>	<b>Triple Action Peeling System</b>	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Protection Peeling	0.7-1ml	
<b>3</b>	<b>Hydra Firming System</b>	Collagen Elastin Serum	1ml	2 minutes
		Collagen Cell Wrap	1 item	15 minutes
<b>4</b>	<b>Hydra Protecting System</b>	Collagen Elastin Serum	1ml	2 minutes
		Extra Moisturizing Cream	2ml	1 minute
<b>5</b>	<b>Sun Protection</b>	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute


Home Daily Regimen: Morning - Night



**Hyaluronic Acid Serum**



**Extra Moisturizing Cream**



**Collagen Elastin Serum**