

## Purification

# Acne Regulator Therapy

Treatment that combats acne symptoms and regulates sebum hyper-secretion with specialized ingredients for acne, acne-prone and oily skin.

Professional cosmetic facial treatment which regulates the symptoms of acne in epidermis and balances its oiliness. It has antibacterial action, tightens the pores, moisturizes and regenerates epidermis. This treatment is based on the action of cosmetic products containing high concentrations of ingredients that regulate sebum secretion in synergy with a specialized peeling and cellular stimulating system.

---

### **Main action**

Regulation of acne, sebum secretion control, cellular stimulation of the epidermis.

### **Secondary action**

Hydration, regeneration.

### **Skin concerns**

Acne, oiliness.

### **Contraindications**

Contraindicated in skin herpes zoster.

### **Skin types**

Acneic, oily skin types.

### **Key ingredients**

Canadian Willowherb, Methyl Salicylate, Folic Acid, Red Clover, Azelaic Acid, Salicylic Acid, Panthenol, Retinoid, Normaseb, Sebopessina, Sebestop, Hyaluronic Acid, Manuka Oil, Calendula, 10-HDA (Royal Jelly Mimetic), Azelaic Acid-Glycine Complex.

**Suggested applications:** 8-12, based on the skin condition. This protocol may be combined with other purification protocols. It can be also applied either once for acne prevention or systematically for the care of acne and acne-prone skin.

**Session duration:** 40 minutes

**Repeatability:** 2 times a week

**Maintenance:** Once per month

### Step 1: Cleansing System

A basic condition before the start of the treatment is to have the skin deeply cleansed. The main purpose of skin cleansing is to remove impurities, makeup and excessive oiliness from the skin while offering antiseptic action.

#### 1a. Clarifying Cleanser Gel

Cleanse the face and neck thoroughly with Clarifying Cleansing Gel and rinse with wet cotton pad.

#### 1b. Clarifying Active Lotion

Soak a cotton pad with Clarifying Active Lotion and apply it on the face and neck.

*(Total duration: 3 minutes)*

### Step 2: Enzymatic Exfoliating System

At this step we combine exfoliation by removing the dead cells of the epidermis with cellular stimulation and renewal. We apply a specialized peeling system for acne regulation in **2 stages**:

#### 2a. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

#### 2b. Purification Peeling (0.7-1ml)

Apply 0.7-1 ml Purification Peeling (Retinoid 1%, Azelaic Acid 6%, Salicylic Acid 1.5% / pH ~ 3.00). Leave on for 7 minutes and do not remove. In case of irritation rinse it with water and move to the next step. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

*(Total duration: 7 minutes)*

### Step 3: Hydra Purification System

This step offers moisturizing effect, oiliness regulation, anti-bacterial and soothing action, following **2 stages**:

#### 3a. Folic Acid (B9) Serum (1ml)

On dry, oil-free skin apply 1ml Folic Acid (B9) Serum on the face and neck until absorbed (do not ionize). *(Duration: 2 minutes)*

#### 3b. Clarifying Active Mask (5ml)

Apply 5ml Clarifying Active Mask on face and neck, allow it to dry for 15-17 minutes and then rinse with water. *(Duration: 15-17 minutes)*

*(Total duration: 25 minutes)*

### Step 4: Hydra Clarifying System

This step aims to maintain the moisture level and enhance antimicrobial activity, following **2 stages**:

#### 4a. Hydra Clarifying Serum (1ml)

Apply 1ml Hydra Clarifying Serum on the face and neck and allow it to be absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

#### 4b. Clarifying Active Cream (2ml) or Clarifying Tinted Cream (2ml)

Apply 2ml Clarifying Active Cream or Clarifying Tinted Cream on face and neck and gently massage it until it is absorbed. *(Duration: 1 minute)*

*(Total duration: 3 minutes)*

### Step 5: Sun Protection

Apply 2ml Sunfilm Face Gel SPF 30 depending on the season and time of the session. *(Duration: 1 minute)*

### Step 6: Home Daily Regimen

Daily use:

- Clarifying Face Foam or Clarifying Cleanser Gel
- Clarifying Active Lotion
- Hydra Clarifying Serum
- Clarifying Active Cream or Clarifying Tinted Cream

Morning/Night exclusively for the use of at least 2 months.

## Purification Acne Regulator Therapy

	Step	Product	Quantity/ application	Duration
1	Cleansing System	Clarifying Cleanser Gel	1ml	3 minutes
		Clarifying Active Lotion	1ml	
2	Enzymatic Exfoliating System	Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Purification Peeling	0.7-1ml	
3	Hydra Purification System	Folic Acid (B9) Serum	1ml	2 minutes
		Clarifying Active Mask	5ml	25 minutes
4	Hydra Clarifying System	Hydra Clarifying Serum	1ml	2 minutes
		Clarifying Active Cream or Clarifying Tinted Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Gel SPF 30	2ml	1 minute

### Home Daily Regimen: Morning - Night



Clarifying Face Foam  
or Clarifying Cleanser Gel



Clarifying Active  
Lotion



Hydra Clarifying  
Serum



Clarifying Active Cream  
or Clarifying Tinted  
Cream