# Purification Deep Cleansing Therapy

Professional skin's deep cleansing treatment from residue and sebum for all skin types.

Cosmetic professional deep cleansing facial treatment that combines specialized pore extraction techniques with cosmetic products that provide cleansing and soothing action. It also protects and hydrates the skin while regulating the sebum production.

Main action Skin's deep cleansing.

<u>Secondary action</u> Soothing, hydrating. <u>Skin concerns</u> Comedones.

<u>Contraindications</u> Contraindicated in skin herpes zoster. **Skin types** All skin types.

#### **Key ingredients**

Panthenol, Methyl Salicylate, Dermasooth, Aloe Vera, Multi B Complex, Vitamin B6, Vitamin B9, A-Bisabolol, Canadian Willowherb, Normaseb, Kaolin, Bentonite, Celligent, Glycofilm.

**Suggested applications / Repeatability:** This protocol is applied based on the skin's clarity condition. **Session duration:** 60-70 minutes

# Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

## 1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

#### **1b. Cleansing Tonic Lotion**

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

# Step 2: AHA Smoothing & Pore Cleansing

This stage aims to gently exfoliate the skin and soften its pores in order to extract sebum easier while avoiding traumatizing the skin. Complete with the skin sterilization.

## 2a. AHA Smoothing Cream (4ml)

Apply 4ml AHA Smoothing Cream on the face and neck. Proceed with massaging in order to remove gently the dead skin cells while preparing correctly the skin for the sebum extraction. (*Duration: 5 minutes*)

## **2b. Pore Extraction**

Apply steamer (vapor) and continue massaging the skin for the first five minutes. Then leave on the steamer for another 10 minutes. Dry the skin with a tissue and continue with the sebum extraction. (*Duration: 30 minutes*)

#### **2c. Antiseptic Action**

Apply high frequency current to sterilize the skin. (Duration: 2 minutes)

(Total duration: 37 minutes)

# Step 3: Calming System

At this stage we aim to relieve the skin from irritation and erythema caused during the sebum extraction process. At the same time, the sebum hyper-secretion is eliminated, the oiliness is regulated and the skin pores are tightened.

#### 3a. Vitamin B Complex Serum (1ml)

On dry, oil-free skin apply skin 1ml Vitamin B Complex Serum (Vitamin B6, Vitamin B3, Multi B Complex, Panthenol, Redyless) on the face and neck and let it absorb. *(Duration: 2 minutes)* 

#### 3b. Clarifying Active Mask (5ml)

Apply 5ml Clarifying Active Mask (A-Bisabolol, Methyl Salicylate, Allantoin, Aloe Vera, Panthenol, Normaseb, Canadian Willowherb, Manuka Oil, Kaolin) on the face and neck for 10 minutes and rinse with water. *(Duration: 15 minutes)* 

(Total duration: 37 minutes)

Juliette Armand

# Step 3: Multi-Masking (ADD-ON)

(alternatively)

**1.** In cases of mild irritation, apply Charcoal Detox Mask (5ml) (Active Charcoal, Broccoli Extract, Kaolin, Bentonite) or Chlorophyll Firming Mask (5ml). Also, we can combine the two masks on different areas (a mosaic with 2 masks). Then, rinse with water. (*Duration: 10 minutes*)

**2.** In case of dehydrated skin, to improve hydration and enhance the skin barrier apply Hydrating Mask (5ml) (Filagrinol, Allantoin, MMW Hyaluronic Acid, Unispheres) on the face and neck. Allow to dry and rinse with water. *(Duration: 10 minutes)* 

**3.** In case of tired and dull skin, to enhance skin regeneration and elasticity, after Clarifying Active Mask, apply Repairing Mask (5ml) (Bio-Placenta, Unirepair, T-43, Dermonectin, Marine Collagen) on the face and neck. Allow to dry and rinse with water. (*Duration: 10 minutes*)

(Total duration: 17-27 minutes)

# Step 4: Hydra Protecting System

At this stage, we aim to protect and enhance the epidermis with soothing and hydrating active ingredients, following **2 steps:** 

## 4a. Folic Acid Serum (1ml)

On dry, oil-free skin apply skin 1ml Folic Acid (B9) Serum on the face and neck and let it absorb or ionize using he negative pole. (*Duration: 2 minutes*)

#### 4b. Hydra Calming Cream (2ml)

Apply 2ml Hydra Calming Cream and gentle massage until it is absorbed. (Duration: 1 minute)

(Total duration: 3 minutes)

## **Step 5: Sun Protection**

Optionally, apply 2ml Sunfilm Face Gel SPF 30 depending on the season and time of the session. (*Duration: 1 minute*)

# Step 6: Home Daily Regimen

Daily use:

Vitamin B Complex Serum

Hydra Calming Cream

Morning / night for 5 days use and then continue with the regular skin care routine based on the skin condition.

	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	AHA Smoothing & Pore Cleansing	AHA Smoothing Cream	4ml	5 minutes
		Pore Extraction		30 minutes
		Antiseptic Action		2 minutes
3	Calming System	Vitamin B Complex Serum	1ml	2 minutes
		Clarifying Active Mask	5ml	15 minutes
4	Hydra Protecting System	Folic Acid Serum	1ml	2 minutes
		Hydra Calming Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Gel SPF 30	2ml	1 minute

