

Glow

Age Spot Therapy

Treatment that enhances the skin's glow and reduces pigmentation while offering a uniform skin tone, enhanced with peony extract, retinoid and Vitamin C for all skin types.

Professional cosmetic facial treatment which repairs the skin's discolorations and age spots and offers a uniform color tone as well as vitality to the skin. This treatment is based on the action of cosmetic products containing high concentrations of brightening ingredients, antioxidants, retinoids in combination with a specialized peeling and cellular stimulating system.

Main action

Brightening & glow, uniform color tone, cellular stimulation.

Secondary action

Hydration, regeneration.

Skin concerns

Discoloration, age spots, dull skin.

Contraindications

Contraindicated in skin herpes zoster.

Skin types

All skin types.

Key ingredients

Peonia Flower Extract, L-Ascorbic Acid, Phytic Acid, Retinoid, Asyntra, Gallic Acid, Rumex Extract, Licorice Extract, White Argile, A-Arbutin.

Suggested applications: At least 10 applications, based on the skin condition. This protocol may be combined with other brightening protocols.

Session duration: 45-50 minutes

Repeatability: 2 times a week

Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

Στο στάδιο αυτό συνδυάζουμε την απολέπιση απομακρύνοντας τα νεκρά κύτταρα της επιδερμίδας με την κυτταρική διέγερση και την ανανέωσή της. Εφαρμόζουμε ειδικό για λευκαντική δράση σύστημα απολέπισης σε **3 stages**:

2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0% / pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. *In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. *(Duration: 9-11 minutes)*

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Glow Peeling (0.7-1ml)

Apply 0.7-1ml Glow Peeling (Mandelic Acid 5%, Phytic Acid 1%, Ascorbic Acid 2% (3-O-Ethyl Ascorbic Acid), Gallic Acid 0.025%, Lactic Acid 14.6% / pH ~ 3,50). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Bright Antiaging System

In this step we aim to reduce the activity of tyrosinase on melanin formation and to repair the epidermal pigmentation and dark spots, following **2 stages**:

3a. Glow C 12% (1ml) & Brightening Serum (1ml)

On dry, oil-free skin, apply 1ml Glow C 12% on the face and neck and allow it to be absorbed (do not ionize). Continue with 1ml Brightening Serum on face and neck and gently massage until it is absorbed or ionize using the negative pole.

(Duration: 4 minutes)

3b. White Argile Mask (5ml) & Eye Shine Mask (1ml)

Combine the 2 masks on the eye contour area, face and neck. With a soft brush apply 1ml Eye Shine Mask on the area around the eyes and 5ml White Argile Mask on the rest of the face and neck. Leave the masks on for 10 - 15 minutes and then rinse both masks with water. *(Duration: 25 minutes)*

(Total duration: 29 minutes)

Step 4: Bright Repairing System

This step aims to further enhance the brightening effect on the skin using retinoids.

4a. Retinoid C Serum (1ml), Retinoid 3% (0.5 or 1ml), Retinoid 10% (0.5ml)

On dry, oil-free skin, apply 1ml Retinoid C Serum on the face and neck and allow it to be absorbed or ionize using the negative pole. Continue with the topical application of Retinoid 3% Serum on the areas with greater need. After the third session and depending on the skin condition, apply the Retinoid C Serum on the entire face and neck until it is absorbed. Then, apply the Retinoid 3% Serum on the entire face and apply the Retinoid 10% Serum topically on the areas with the greater need (wrinkles, dyschromia, scars). *(Duration: 4 minutes)*

4b. Brightening Cream (1ml)

Apply 2ml Brightening cream on face and neck and gently massage it until it is absorbed. *(Duration: 1 minute)*

(Total duration: 5 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. *(Duration: 1 minute)*

Step 6: Home Daily Regimen

Morning:

- Glow C 12%
- Brightening Cream

Night:

- AHA Smoothing Cream
- Brightening Serum

We strongly recommend the use of the home regimen products for at least two months.

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	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	Triple Action Peeling System	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Glow Peeling	0.7-1ml	
3	Bright Antiaging System	Glow C 12%	1ml	4 minutes
		Brightening Serum	1ml	15 minutes
		Eye Shine Mask	1ml	
		White Argile Mask	5ml	
4	Bright Repairing System	Retinoid C Serum, 3%, 10%	1ml, 0.5 or 1ml, 0.5	4 minutes
		Brightening Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute

Home Daily Regimen: Morning - Night



Glow C 12%



Brightening Cream



AHA Smoothing Cream



Brightening Serum