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Flash Lifting Therapy

Instant tightening facial treatment with Tensea Lift Marine Extract for all skin types.

Professional cosmetic facial treatment for instant and intense lifting effect. It creates a thin film on the epidermis which lasts up to 6 hours while offering hydration and radiance. This treatment is based on the action of cosmetic products highly concentrated in Tensea Lift 90%, antioxidants and brightening ingredients.

Main action Flash Lifting.

<u>Secondary action</u> Hydration, radiance. <u>Skin concerns</u> Lack of elasticity, sagging skin.

<u>Contraindications</u> Contraindicated in skin herpes zoster. <u>Skin types</u> All skin types.

Key ingredients Tensea Lift, Osilift, Phytodermina Lifting, Menthol, Algin, Glycolic Acid, Salicylic Acid, Liftessence, MS HC, MMW HA, Milk Peptide Complex, Osilift, Pentacare.

Suggested applications: This protocol can be applied once for instant "lifting" effect or it can be combined with other lifting protocols.
Session duration: 40 minutes
Repeatability: Up to 2 times a week

Juliette Armand

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

Step 2: Peeling System

At this stage we combine exfoliation by removing the dead cells of the epidermis on the area around the eyes, face and neck. **2 stages:**

2a. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2b. BHA Peeling Gel (2ml)

Apply 2ml BHA Peeling Gel (Glycolic Acid 14%, Salicylic Acid, A-Bisabolol, Chamomile Extract/ pH~4.5-5.5) on the face and neck. Leave on up to 5 minutes (maximum) and rinse with water.

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 10 minutes)

Step 3: Hydra Lifting System

This stage aims to the immediate tightening and toning of the skin while providing hydration, in **2 stages:**

3a. Lifting Fort Serum (1ml)

On dry, oil-free skin apply 1ml Lifting Fort Serum on the face and neck until absorbed. (*Duration: 2 minutes*)

3b. Cryolift Latex Mask (40g)

Apply the Cryolift Latex Mask. Mix 40g (=120ml) mask powder with 100ml water until a uniform paste is formed. Apply the mask with a spatula on the face and neck avoiding the eye area. Leave on the mask for 20 minutes and remove as on onepiece (latex). (*Duration: 20 minutes*)

(Total duration: 22 minutes)

Step 4: Flash Lifting System

This step aims to instantly and visibly tighten the skin and further enhance its elasticity, in **2 stages:**

4a. Flash Lifting Serum (1ml)

On dry, oil-free skin apply 1ml Flash Lifting Serum on the face and neck with gentle lifting massage (do not ionize). *(Duration: 2 minutes)*

4b. Hydra Firming Cream (2ml)

Apply 2ml Hydra Firming Cream without massage. (Duration: 1 minute)

(Total duration: 3 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. (Duration: 1 minute)

Step 6: Home Daily Regimen

Daily Use:

Flash Lifting Serum*

• Hydra Firming Cream

Morning / Night Strongly recommend use of home regimen products during and in between treatments. Products should be used tactically until all contents (ex: Jar= 50ml) have been utilized.

*in cases of dry and / or dehydrated skin it is recommended to use Hyaluronic Acid Serum after Flash Lifting Serum

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	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	Peeling System	Exfoliating Enzyme Mask	1.5g	10 minutes
		Exfoliating Enzyme Lotion	3ml	
		BHA Peeling Gel	2ml	
3	Hydra Lifting System	Lifting Fort Serum	1ml	2 minutes
		Cryolift Latex Mask	40g	20 minutes
4	Flash Lifting System	Flash Lifting Serum	1ml	2 minutes
		Hydra Firming Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Gel SPF 30	2ml	1 minute

