

## Hydration

# Hydra Bonding Therapy

Hydrating and protecting treatment for extreme environmental conditions such as low temperature and drought atmosphere suitable for normal, dry, combination and sensitive skin.

Professional cosmetic facial treatment that hydrates the skin deeply and protects the skin barrier during special environmental conditions such as low temperature and drought atmosphere. At the same time, it soothes irritated skin, improves the appearance of the skin with imperfections and enhances its consistency. This protocol is based on cosmetic products containing high concentrations of Hyaluronic acid, Antarcticin, Pentavitin and Vitamin B complex in synergy with a specialized exfoliation and cellular stimulating system.

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### **Main action**

Hydration, calming, skin barrier protection.

### **Secondary action**

Toning, cellular stimulation of the epidermis.

### **Skin concerns**

Low skin moisture reserves, trans epidermal water loss, epidermal moisture imbalance, temporary skin dehydration during extreme environmental conditions such as low temperature and drought atmosphere.

### **Contraindications**

Contraindicated in skin herpes zoster.

### **Skin types**

Normal, dry, combination, sensitive skin.

### **Key ingredients**

Hyaluronic Acid, Antarcticin, Pentavitin, Multi B Complex, Dermasooth, Panthenol, Filagrinol, Unispheres (vit A, E), Celligent, Redyless, Glycofilm.

**Suggested applications:** 4-10, based on the skin condition. This protocol can also be applied once to prevent skin irritation due to dehydration or systematically for moisturizing skin care.

**Session duration:** 35 minutes

**Repeatability:** 2 times a week

**Maintenance:** Once per month

## Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

### 1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

### 1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

*(Total duration: 3 minutes)*

## Step 2: Enzymatic Exfoliating System

At this stage we combine exfoliation by removing dead skin cells with cellular stimulation and renewal. We apply a special skin-sensitive exfoliation system, in **2 stages**:

### 2a. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

### 2b. Sensitivity Peeling (0.7-1ml)

Apply 0.7-1ml Sensitivity Peeling (Lactic Acid 9.9%, Prickle Pear Extract 2%, Urea 10%, Panthenol 1.5%. / pH~3), leave on for 7 minutes and do not remove. In case of irritation rinse it with water and move to the next step. **(Duration: 7 minutes)**

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

*(Total duration: 10 minutes)*

## Step 3: Hydra Calming System

This step aims to restore of moisture balance of the skin and protect the skin barrier, in **2 stages**:

### 3a. Vitamin B Complex Serum (1ml)

On dry, oil-free skin apply 1ml Vitamin B Complex Serum on the face and neck and allow it to be absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

### 3b. Hydrating Mask (5ml) & Eye Shine Mask (1ml)

Use the 2 masks in combination on the area around the eyes, face and neck. Apply with a soft mask brush 1ml Eye Shine Mask on the area around the eyes and 5ml Hydrating Mask on the rest of the face and neck. Leave until it is partially absorbed (5 minutes) and then proceed with facial massage using both masks for 5 minutes and rinse with water. *(Duration: 10 minutes)*

*(Total duration: 12 minutes)*

## Step 4: Hydra Bonding System

This stage aims to protect skin from extreme low temperatures, hydrate the skin and reduce potential redness with Hydra Bonding Serum (Antarcticin, Pentavitin) and cream with hyaluronic acid, in **2 stages**:

### 4a. Hydra Bonding Serum (1ml)

On dry, oil-free skin apply 1ml Hydra Bonding Serum on the face and neck. Allow it to be absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

### 4b. Hydra Calming Cream (2ml)

Apply 2ml Hydra Calming Cream on the face and neck with gently massage it until absorbed. *(Duration: 1 minute)*

*(Total duration: 3 minutes)*

## Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. *(Duration: 1 minute)*

## Step 6: Home Daily Regimen

Daily use:

- Hydra Bonding Serum
- Hydra Calming Cream

Morning / night exclusively as long as the skin is exposed to extreme environmental conditions.

## Hydration Hydra Bonding Therapy

	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	Enzymatic Exfoliating System	Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Sensitivity Peeling	0.7-1ml	
3	Hydra Calming System	Vitamin B Complex Serum	1ml	2 minutes
		Hydrating Mask	5ml	10 minutes
		Eye Shine Mask	1ml	
4	Hydra Bonding System	Hydra Bonding Serum	1ml	2 minutes
		Hydra Calming Cream	2ml	1 minute
6	Sun Protection	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute

### Home Daily Regimen: Morning - Night



**Hydra Bonding Serum**



**Hydra Calming Cream**