

Protection

Antipollution Therapy

Protecting treatment against pollutants and harmful environmental factors for all skin types.

Professional cosmetic facial treatment that protects the skin from air pollution, harmful environmental factors while offering radiance and vitality. This treatment is based on the action of cosmetic products containing high concentrations of Folic Acid, Vitamin D, Active Charcoal, Pollushield, Detoxophane in synergy with a specialized peeling and cellular stimulating system.

Main action

Protection against environmental pollution (anti-pollution), cellular stimulation of the skin.

Secondary action

Protection against oxidative stress (antioxidant), hydration.

Skin concerns

Premature ageing, photo-ageing, dull skin.

Contraindications

Contraindicated in skin herpes zoster.

Skin types

Normal, dry, combination, oily skin.

Key ingredients

Folic Acid, Provital D3, Active Charcoal, Pollushield, Detoxophane, Broccoli Extract, Ceramides, Hyaluronic Acid, Ascorbic Acid.

Suggested applications: 4-10, based on the skin condition. This protocol can be also applied either once to prevent oxidation, or systematically for continuous antipollution protection of the skin.

Session duration: 40-45 minutes

Repeatability: 2 times a week

Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized protecting peeling system in **3 stages**:

2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. *In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. *(Duration: 9-11 minutes)*

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Protection Peeling (0.7-1ml)

Apply 0.7-1ml Protection Peeling (Glycolic Acid 10.5%, Lactic Acid 5.4%, Panthenol / pH~2.7). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Antipollution System

This stage aims to strengthen the protective skin barrier against ultraviolet radiation and improve skin's appearance while enhancing its antioxidant protection by following **2 stages**:

3a. Folic Acid (B9) Serum (1ml)

On dry, oil-free skin apply 1ml Folic Acid (B9) Serum on face and neck. Allow it to be absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

3b. Charcoal Detox Mask (5ml)

Apply 5ml Charcoal Detox Mask on face and neck. Leave on for 15 minutes and rinse with water. *(Duration: 15 minutes)*

(Total duration: 17 minutes)

Step 4: Hydra Protecting System

This stage aims to increase the skin's protection from irritation and harmful environmental factors by enhancing its defense system using Provital D3 Serum, Ceramide Serum and Hydra Protecting Cream, following **2 stages**:

4a. Provital D3 Serum (1ml) & Ceramide Serum (1ml)

On dry, oil-free skin apply 1ml Provital D3 Serum on the face and neck. Allow it to be absorbed or ionize using the negative pole. Then, apply 1ml Ceramide Serum and allow it to be absorbed. (do not ionize). *(Duration: 4 minutes)*

4b. Hydra Protecting Cream (2ml)

Apply 2ml Hydra Protecting Cream on face and neck and massage gently until absorbed. *(Duration: 1 minute)*

(Total duration: 5 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. *(Duration: 1 minute)*

Step 6: Home Daily Regimen

Morning:

- Provital D3 Serum
- Hydra Protecting Cream

Night:

- Folic Acid (B9) Serum
- Hydra Protecting Cream

Strongly recommend use of home regimen products during and in between treatments. Products should be used tactically until all contents (ex: Jar= 50ml) have been utilized.

Protection Antipollution Therapy

	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	Triple Action Peeling System	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Protection Peeling	0.7-1ml	
3	Antipollution System	Folic Acid (B9) Serum	1ml	2 minutes
		Charcoal Detox Mask	5ml	15 minutes
4	Hydra Protecting System	Provital D3 Serum	1ml	4 minutes
		Ceramide Serum	1ml	
		Hydra Protecting Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute

Home Daily Regimen: Morning - Night



Provital D3 Serum



Hydra Protecting Cream



Folic Acid (B9) Serum