

Firming

Stretch Firm Therapy

Anticellulite and slimming treatment that combats flaccidity and enhances skin's elasticity.

Professional cosmetic body treatment that improves the firmness and combats cellulite and topical fat. This treatment is based on the simultaneous synergy of the combination of hot- cold action in different parts of the body with cocktail of tightening and regenerative ingredients.

Main action

Firming, anticellulite, skin texture smoothing.

Secondary action

Rejuvenating, toning.

Skin concerns

Loss of skin elasticity, soft cellulite.

Contraindications

In circulatory problems, phlebitis, spider veins and varicose veins, the application of Thermoslim Gel is contraindicated.

Key ingredients

Methyl Nicotinate, Capsico-Tabasco Pepper, Iodotrat, Menthol, Escin, Dead Sea Mud, Fucus Extract, Seaweed Gel, Chamomile Oil, Cikaderm, Isoslim Complex, Hydroxyprolisilane, Algisium C.

Suggested applications: 6-12 sessions based on the skin condition.

Session duration: 50 minutes

Repeatability: 2 times a week

Maintenance: 2 times a month

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Step 1: Detoxifying Peeling

At this stage we combine the action of removing dead skin cells with a strong keratolytic and detoxifying action.

Detoxifying Peeling Gel (12ml)

Apply 12ml Detoxifying Peeling Gel on the area to be treated and massage gently until it is absorbed. Do not rinse.

(Duration: 5 minutes)

Step 2: Thermo-Cryo System

At this stage we aim at the simultaneous lipolytic and firming action by applying Cryolift Gel and Thermoslim Gel on different part of the body.

2a. Thermoslim Gel (6ml)

Apply topically 6ml Thermoslim Gel on the body area with excess fat and / or cellulite (outside of the thighs and buttocks) and massage until it is absorbed. The hyperemia caused stimulates the lipolysis process and improves the uniformity of the skin.

(Duration: 4 minutes)

2b. Cryolift Gel (6ml)

Apply 6ml Cryolift Gel on the body area with reduced elasticity (inner side of the thighs) and massage until absorbed. The cold sensation caused tones and tightens the skin. *(Duration: 4 minutes)*

(Total Duration: 8 minutes)

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Step 3: Slim Firming System

At this stage we aim to enhance lipolysis and tightening by applying Celluslim Mud Mask and Firming Latex Body Mask at the same time.

3a. Celluslim Mud Mask (50ml)

Apply 50ml Celluslim Mud Mask on the area where we have previously applied the Thermoslim Gel. *(Duration: 20 minutes)*

3b. Firming Latex Body Mask (110g)

Immediately after applying the Celluslim Mud Mask, mix well 110g (250ml) Firming Latex Body Mask with 250ml of water until a uniform paste is formed. Apply in a thick layer on the area where we previously applied the Cryolift Gel and wrap the whole body with cellophane.

Leave on for about 30 minutes, remove the cellophane and then the Firming Latex Body Mask in one piece. Rinse the Celluslim Mud Mask with water.

(Total Duration: 30 minutes)

Step 4: Stretch Firm

At this stage we aim to further enhance the skin's elasticity and hydrate it with a cocktail of firming and moisturizing ingredients. The synergy of the ingredients Isoslim Complex, Hydroxyprolisilane and Algisium C enhance the collagen and elastin reserves of the skin, strengthens its supporting tissues, and moisturizes.

Stretch Firm Cream (10ml)

Apply 10ml Stretch Firm Cream and massage gently until it is absorbed.

(Duration: 5 minutes)

Step 5: Home Daily Regimen

- Cryolift Gel
- Stretch Firm Cream

Strongly recommend tactical use of home regimen products after and in between treatments, until all the quantity contained is used.

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	Step	Product	Quantity/ application	Duration
1	Detoxifying Peeling	Detoxifying Peeling Gel	12ml	5 minutes
2	Thermo-Cryo System	Thermoslim Gel	6ml	4 minutes
		Cryolift Gel	6ml	4 minutes
3	Slim Firming System	Celluslim Mud Mask	50ml	30 minutes
		Firming Latex Body Mask	110g	
4	Stretch Firm	Stretch Firm Cream	10ml	5 minutes

Home Daily Regimen:



Cryolift Gel



Stretch Firm Cream