

## Repair

# Phyto-Repair Therapy

Treatment that repairs the skin imperfections, wrinkles and damage with retinoids and Phytopeeling for normal, combination and oily skin types.

Professional cosmetic facial treatment that repairs skin imperfections and spots (wrinkles, scars, acne scars) and stimulates the cell growth. At the same time, it moisturizes, tones, rejuvenates and improves the skin's texture. This treatment is based on the action of cosmetic products containing high concentrations of retinoids, folic acid and Phytopeeling in synergy with a specialized exfoliation and cellular stimulation system.

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### **Main action**

Skin imperfections repairing, cellular stimulation of epidermis.

### **Secondary action**

Hydration, rejuvenation, elasticity enhancing.

### **Skin concerns**

Fine lines, expression lines, roughness of epidermis, acne spots, recent scars.

### **Contraindications**

Contraindicated in skin herpes zoster.

### **Skin types**

Normal, combination and oily skin types.

### **Key ingredients**

Retinoid, Folic Acid, Phytopeeling, Bifidus, Lactokine, Ceramides, Matrixyl 3000, Ascorbic Acid.

**Suggested applications:** 4-10 applications based on the skin condition. This protocol can be also applied either once to rejuvenate the skin or systematically for skin repairing action.

**Session duration:** 45-50 minutes

**Repeatability:** 2 times a week

**Maintenance:** Once per month

### Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

#### 1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove with wet cotton pads.

#### 1b. AHA Preparation Lotion

Soak a cotton pad with AHA Preparation Lotion and rejuvenate the skin on face and neck.

*(Total duration: 3 minutes)*

### Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis with cellular stimulation and renewal. We apply a specialized brightening peeling system, in **3 stages**:

#### 2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until it is absorbed. Allow it to dry for 3 minutes\* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. \* In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. *(Duration: 9-11 minutes)*

#### 2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

#### 2c. Repair Peeling (0.7-1ml)

Apply 0.7-1 ml Repair Peeling (Salicylic Acid 0.5%, Glycolic Acid 10.5%, Lactic Acid 9% Retinoid 0.5% / pH ~ 4.5). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

*(Total duration: 16-18 minutes)*

### Step 3: Phyto Repair System

This step aims to stimulate and enhance the skin's rejuvenation mechanism and to improve its appearance and texture, in **2 stages**:

#### 3a. Folic Acid (B9) Serum (1ml) & Hydra Repairing Serum (1ml)

On dry, oil-free skin apply, 1ml Folic Acid (B9) Serum on the face and neck and allow it to be absorbed or ionize on the negative pole. Continue with the application of 1ml Hydra Repairing Serum and massage until absorbed or ionize on the negative pole. *(Duration: 4 minutes)*

#### 3b. Phytopeeling Mask (5g) & Eye Shine Mask (1ml)

Apply 1ml Eye Shine Mask to the area around the eyes. Then, apply Phytopeeling Mask. (Use: Mix 5g of Phytopeeling mask in a bowl with 6ml water until a uniform paste is formed and apply on the face and neck with a mask brush). Leave on for 15 minutes and rinse both masks with water. *(Duration: 15 minutes)*

*(Total duration: 19 minutes)*

### Step 4 Retinoid Repair System

This step aims to further enhance the skin's repairing mechanism and to protect the epidermis from oxidative stress, in **2 stages**:

#### 4a. Retinoid C Serum (1ml), Retinoid 3% (1ml)

On dry, oil-free skin apply 1ml of Retinoid C Serum on the face and neck. Allow it to dry or ionize using the negative pole. Apply topically Retinoid 3% Serum on the areas with the greatest skin needs (wrinkles, spots). *(Duration: 4 minutes)*

#### 4b. Hydra Repairing Cream (2ml)

Apply 2ml Hydra Repairing Cream with light, gentle massage until it is absorbed. *(Duration: 1 minute)*

*(Total duration: 5 minutes)*

### Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 depending on the season and time of the session. *(Duration: 1 minute)*

### Step 6: Home Daily Regimen

Morning:

- Hydra Repairing Serum
- Hydra Repairing Cream

Night:


- Retinoid C Serum
- Hydra Repairing Cream

We strongly recommend the use of the home regimen products for at least two months.

## Repair Phyto-Repair Therapy

	Step	Product	Quantity/ application	Duration
<b>1</b>	<b>Cleansing System</b>	Sensitive Cleansing Gel	1ml	3 minutes
		AHA Preparation Lotion	1ml	
<b>2</b>	<b>Triple Action Peeling System</b>	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Repair Peeling	0.7-1ml	
<b>3</b>	<b>Phyto Repair System</b>	Folic Acid (B9) Serum	1ml	4 minutes
		Hydra Repairing Serum	1ml	15 minutes
		Phytopeeling Mask	5g	
		Eye Shine Mask	1ml	
<b>4</b>	<b>Retinoid Repair System</b>	Retinoid 1%, 3%	1ml, 1ml	4 minutes
		Hydra Repairing Cream	2ml	1 minute
<b>5</b>	<b>Sun Protection</b>	Sunfilm Face Gel SPF 30	2ml	1 minute


Home Daily Regimen: Morning - Night



**Hydra Repairing Serum**



**Hydra Repairing Cream**



**Retinoid C Serum**