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Antioxidant Therapy

Protecting treatment against oxidative stress and ultraviolet radiation with a cocktail of antioxidants and Vitamin D3 for all skin types.

Professional cosmetic facial treatment that protects the skin from the sun damage (photo-ageing) and enhances its natural renewing function. This treatment is based on the action of cosmetic products containing high concentrations of vitamins (C, B9, D), Bifidus and Dermonectin in synergy with a specialized peeling and cellular stimulating system.

Main action

Antioxidant, skin's cellular stimulation.

<u>Secondary action</u> Hydration, glow. Skin concerns Premature ageing, photoageing, dull complexion.

<u>Contraindications</u> Contraindicated in skin herpes zoster.

Skin types

Normal, dry, combination, oily skin.

Key ingredients

Folic Acid, Provital D3, Bifidus, Unirepair T-43, Dermonectin, Bioplacenta, Collagen, Ceramides, L-Ascorbic Acid, Acerola Fruit.

Suggested applications: : 4-10, based on the skin condition. This protocol can be also applied either once to prevent oxidation or systemically for continuous antioxidant skin protection. Session duration: 55-60 minutes Repeatability: 2 times a week Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

At this stage we combine exfoliation by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized protecting peeling system in **3 stages:**

2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. * In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. (*Duration: 9-11 minutes*)

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Protection Peeling (0.7-1ml)

Apply 0.7-1 ml of Protection Peeling (Glycolic Acid 10.5%, Lactic Acid 5.4%, Panthenol / pH~2.7). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. (*Duration: 7 minutes*)

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Antioxidant System

This step aims to strengthen the protective skin barrier against ultraviolet radiation and improve its appearance while strengthening its immune system by following **2 stages:**

3a. Forte C 12% (1ml)

On dry, oil-free skin apply 1ml Forte C 12% on the face and neck. Allow it to be absorbed (do not ionize). (*Duration: 2 minutes*)

3b. Hydra C Latex Mask (40g)

Apply the Hydra C Latex Mask. Mix 40g (=120ml) mask powder with 100ml water until a uniform mixture is formed. Apply the mask on the face and neck (it can be also applied on the eyes and lips, if the client has no claustrophobic issues). Leave on for 20 minutes and remove as latex (one piece). (*Duration: 20 minutes*)

(Total duration: 22 minutes)

Step 4: Hydra Protecting System

This step aims to rejuvenate the skin, enhance the skin its immune system against UV radiation and improve its appearance in **2 stages:**

4a. Folic Acid Serum (1ml)

On dry, oil-free skin apply 1ml Folic Acid (B9) Serum on face and neck. Allow to be absorbed or ionize using the negative pole. (*Duration: 2 minutes*)

4b. Repairing Mask (5ml) & Eye Shine Mask (1ml)

Combine the 2 masks on the area around the eyes, face and neck. With a soft mask brush apply 1ml Eye Shine Mask on the area around the eyes and 5ml Repairing Mask on the rest of the face and neck. Leave until it is partially absorbed (5 minutes) and then proceed with facial massage using both masks for 5 minutes and rinse with water. (Duration: 10 minutes)

(Total duration: 12 minutes)

Step 5: Sun Damage Protection System

This step aims to protect the skin from irritation caused by UV radiation by using Provital D3 serum and repair the skin barrier with Hydra Repairing Cream, in **2 stages:**

4a. Provital D3 Serum (1ml)

On dry, oil-free skin apply 1ml Provital D3 Serum on the face and neck. Allow it to be absorbed or ionize using the negative pole. (*Duration: 2 minutes*)

4b. Hydra Repairing Cream (2ml)

Apply 2ml Hydra Repairing Cream on face and neck with gentle massage until it is absorbed. (*Duration: 1 minute*)

(Total duration: 3 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. (Duration: 1 minute)

Step 6: Home Daily Regimen

- Morning:
- Forte C 12%
- Folic Acid (B9) Serum
- Hydra Repairing Cream

Night:

- Provital D3 Serum
- Hydra Repairing Cream

Strongly recommend use of home regimen products during and in between treatments. Products should be used tactically until all contents (ex: Jar= 50ml) have been utilized.

	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	Triple Action Peeling System	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Protection Peeling	0.7-1ml	
3	Antioxidant System	Forte C 12%	1ml	2 minutes
		Hydra C Latex Mask	40g	20 minutes
4	Hydra Protecting System	Folic Acid (B9) Serum	1ml	2 minutes
		Repairing Mask	5ml	12 minutes
		Eye Shine Mask	1ml	
5	Sun Damage Protection System	Provital D3 Serum	1ml	2 minutes
		Hydra Repairing Cream	2ml	1 minute
6	Sun Protection	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute



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