

## Antiage

# Caviar Nourishing Therapy

**Nourishing treatment that improves skin's appearance and enhances its natural renewal function with black and red caviar and  $\Omega 3$ ,  $\Omega 6$  for all skin types.**

A professional cosmetic treatment that nourishes and improves the texture of the skin with wrinkles and signs of tiredness. It provides radiance and vitality to the mature and tired skin, moisturizes the skin while enhances its natural renewal function and cohesion. This treatment is based on the action of cosmetic products containing high concentrations of Caviar, Vitamin C and growth factors (Bioplacenta) in synergy with a specialized peeling and cellular stimulating system.

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### Main action

Nourishing, anti-ageing, cellular stimulation of the epidermis.

### Secondary action

Rejuvenation, hydration.

### Skin concerns

Deep wrinkles, oxidative stress, photo aging, lack of elasticity, dull skin.

### Contraindications

Contraindicated in skin herpes zoster.

### Skin types

All skin types.

### Key ingredients

Salmo Ovum, Black Caviar, INCA Omega Oil, L-Ascorbic Acid, Bioplacenta, Vitamin F, Evening Primrose, Chromocare, Matrixyl 3000, Filagrinol, Vitamin Complex E-C-F, Keratoplast, Hyaluronic Acid.

**Suggested applications:** 8-10, based on the skin condition. This protocol can also be applied either once preventively or systematically for anti-ageing skin care.

**Session duration:** 40-45 minutes

**Repeatability:** 2 times a week

**Maintenance:** Once per month

### Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

#### 1a. Hydra Cleansing Milk

Cleanse the face and neck thoroughly with Hydra Cleansing Milk and remove with wet cotton pads.

#### 1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

*(Total duration: 3 minutes)*

### Step 2: Triple Action Peeling System

At this stage we combine exfoliation by removing the dead cells of the epidermis with cellular stimulation and renewal. We apply a specialized anti-ageing peeling system in **3 stages**:

#### 2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes\* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. \*In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. *(Duration: 9-11 minutes)*

#### 2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

#### 2c. Yellow Peeling (0.7-1ml)

Apply 0.7-1 ml Yellow Peeling (Retinoid 1%, Ascorbic Acid 2% (3-O-Ethyl Ascorbic Acid), Glycolic Acid 7% Lactic Acid 7.2%, Panthenol / pH~3.0). Leave on for 7 minutes and do not remove. In case of irritation, rinse with water and move to the next step. *(Duration: 7 minutes)*

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

*(Total duration: 16-18 minutes)*

### Step 3: Caviar Nourishing System

This step aims to activate the mechanism of skin regeneration in order to repair the its damages (wrinkles, oxidative damage) in **2 stages**:

#### 3a. Forte C 12% (1ml) & Bioplacenta Serum (1ml)

On dry, oil-free skin apply 1ml Forte C 12% on the face and neck and allow to be absorbed (do not ionize). Continue with the application 1ml of Bioplacenta Serum and gently massage it until absorbed or ionize using the negative pole. *(Duration: 4 minutes)*

#### 3b. Caviar $\Omega$ 3- $\Omega$ 6 Mask (5ml) & Eye Shine Mask (1ml)

Combine the 2 masks on the area around the eyes, face and neck. Apply with a soft mask brush 1ml of Eye Shine Mask to the area around the eyes and 5ml of Caviar  $\Omega$ 3- $\Omega$ 6 Mask on rest of the face and neck. Allow it to be partially absorbed (5 minutes) and then proceed with facial massage using both masks for another 5 minutes and rinse with water. *(Duration: 10 minutes)*

*(Total duration: 14 minutes)*

### Step 4: $\Omega$ 3- $\Omega$ 6 Nourishing System

This step aims to enhance the epidermis with essential elements and free fatty acids to maintain cell's integrity and increase the skin cells reconstruction, in **2 stages**:

#### 4a. Caviar $\Omega$ 3- $\Omega$ 6 Oil (1ml)

On dry, oil-free skin apply 1ml  $\Omega$ 3- $\Omega$ 6 Oil on the face and neck and gently massage it until it is absorbed (do not ionize). *(Duration: 7 minutes)*

#### 4b. Caviar $\Omega$ 3- $\Omega$ 6 Cream (2ml)

Apply 2ml Caviar  $\Omega$ 3- $\Omega$ 6 Cream on the face and neck and gently massage until it is absorbed. *(Duration: 1 minute)*

*(Total duration: 8 minutes)*

### Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 depending on the season and time of the session. *(Duration: 1 minute)*

### Step 6: Home Daily Regimen

Morning:

- Double Caviar  $\Omega$ 3- $\Omega$ 6 Serum
- Caviar  $\Omega$ 3- $\Omega$ 6 Cream

Night:

- AHA Smoothing Cream
- Bioplacenta Serum

We strongly recommend the use of the home regimen products for at least two months.

## Antiage Caviar Nourishing Therapy

	Step	Product	Quantity/ application	Duration
1	<b>Cleansing System</b>	Hydra Cleansing Milk	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	<b>Triple Action Peeling System</b>	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Yellow Peeling	0.7-1ml	
3	<b>Caviar Nourishing System</b>	Forte C 12%	1ml	4 minutes
		Bioplacenta Serum	1ml	10 minutes
		Caviar Ω3-Ω6 Mask	5ml	
		Eye Shine Mask	1ml	
4	<b>Ω3-Ω6 Nourishing System</b>	Caviar Ω3-Ω6 Oil	1ml	7 minutes
		Caviar Ω3-Ω6 Cream	2ml	1 minute
5	<b>Sun Protection</b>	Sunfilm Face Gel SPF 30	2ml	1 minute

### Home Daily Regimen: Morning - Night



**Double Caviar Ω3-Ω6 Serum**



**Caviar Ω3-Ω6 Cream**



**AHA Smoothing Cream**



**Bioplacenta Serum**