

Firming

Cryotherm Therapy

Body treatment that combats skin's flaccidity and enhances the elasticity of the epidermis.

Professional cosmetic body treatment which improves the elasticity of the epidermis and its texture. This treatment is based on the combination of hot and cold alteration with cocktails of tightening and regenerative ingredients.

Main action

Firming, epidermal elasticity enhancing.

Secondary action

Toning, rejuvenating.

Body concerns

Poor skin elasticity, stretch marks, edematous cellulite.

Contraindications

In circulatory problems, phlebitis, spider veins and varicose veins, the application of Thermoslim Gel and the use of a thermal blanket are contraindicated.

Key ingredients

Methyl Nicotinate, Capsico-Tabasco Pepper, Iodotrat, Menthol, Escin, Dead Sea Mud, Fucus Extract, Seaweed Gel, Chamomile Oil, Cikaderm.

Suggested applications: 6-12 sessions based on the skin condition.

Session duration: 60 minutes

Repeatability: 2 times a week

Maintenance: 2 times a month

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Step 1: Detoxifying Peeling

At this stage we combine the action of removing dead skin cells with a strong keratolytic and detoxifying action.

Detoxifying Peeling Gel (12ml)

Apply 12ml Detoxifying Peeling Gel on the area to be treated and massage gently until absorbed. Do not rinse.

(Duration: 5 minutes)

Step 2: Thermoslim

This stage aims to increase the metabolic action of lipolysis by the intense hyperaemia caused in the skin (Capsico-Tabasco Pepper, Methyl Nicotinate) in synergy with the action of lipolytic active ingredients.

Thermoslim Gel (12ml)

Apply 12ml Thermoslim Gel on dry, clean skin and massage until it is adsorbed.

(Duration: 5 minutes)

Step 3: Celluslim Mud

At this stage, the process of lipolysis is enhanced, and the skin's uniformity and elasticity are improved.

Celluslim Mud Mask (50ml)

Apply 50ml Celluslim Mud Mask on the skin and wrap the body with cellophane. Optionally we can use a thermal blanket at a low temperature. Leave on for 20 minutes and rinse with water.

(Duration: 20 minutes)

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Step 4: Cryolift

This stage aims to intensely tighten and improve the uniformity of the skin with cryotherapy.

Cryolift Gel (10ml)

Apply 10ml Cryolift Gel along the legs starting with gentle lymphatic massage movements from the ankles to the thigh muscles until it is absorbed.

(Duration: 5 minutes)

Step 5: Hydra Firming

At this stage we aim to enhance the elasticity of the skin and to hydrate it by using cryotherapy, in synergy with brown algae.

Firming Latex Body Mask (150g)

Mix 150g (300ml) Firming Latex Body Mask with 300ml water until a uniform paste is formed. Apply the paste in a thick layer with quick movements on the area to be treated.

Leave on for 20 minutes to dry and remove the mask in one piece (latex).

(Duration: 20 minutes)

Step 6: Stretch Firm

At this stage we aim to further enhance the skin's elasticity and hydrate it with a cocktail of firming and moisturizing ingredients. The synergy of the ingredients Isoslim Complex, Hydroxyprolisilane and Algisium C enhance the collagen and elastin reserves of the skin, strengthens its supporting tissues, and moisturizes it.

Stretch Firm Cream (10ml)

Apply 10ml Stretch Firm Cream and massage gently until it is absorbed.

(Duration: 5 minutes)

Step 7: Home Daily Regimen

- Cryolift Gel
- Stretch Firm Cream

Strongly recommend tactical use of home regimen products after and in between treatments, until all the quantity contained is used.

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	Step	Product	Quantity/ application	Duration
1	Detoxifying Peeling	Detoxifying Peeling Gel	12ml	5 minutes
2	Thermoslim	Thermoslim Gel	12ml	7 minutes
3	Celluslim Mud	Celluslim Mud Mask	50ml	20 minutes
4	Cryolift	Cryolift Gel	10ml	5 minutes
5	Hydra Firming	Firming Latex Body Mask	150g	20 minutes
6	Stretch Firm	Stretch Firm Cream	10ml	5 minutes

Home Daily Regimen:



Cryolift Gel



Stretch Firm Cream