

## Sensitivity

# Calming Therapy

**Calming treatment that relieves sensitive skin from redness and erythema for all skin types.**

Professional cosmetic facial treatment that effectively reduces erythema and skin irritations caused by external aggressions. At the same time, it moisturizes and strengthens the skin barrier and protects the skin from environmental pollutants and inflammation caused by sunlight. This treatment is based on the action of cosmetic products containing high concentrations of soothing ingredients with strong anti-inflammatory and anti-irritant properties in synergy with enzymatic exfoliation (acids free).

---

### **Main action**

Calming.

### **Secondary action**

Hydration, environmental and sun protection.

### **Skin concerns**

Irritated and sensitive skin, erythema, couperose.

### **Contraindications**

No records.

### **Skin types**

All skin types.

### **Key ingredients**

Provital D3, Methyl Salicylate, Multi B Complex, A- Bisabolol, Canadian Willowherb, Manuka Oil, Redyless, Celligent, Dermasooth, Glycofilm, Panthenol, Aloe Vera.

**Suggested applications:** TThis protocol can be applied either once to immediately relieve irritated skin or can be combined with other protocols suitable for sensitive skin.

**Session duration:** 35-40 minutes

**Repeatability:** 1-2 times a week

## Sensitivity Calming Therapy

### Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

#### Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

*(Duration: 3 minutes)*

### Step 2: Enzymatic Exfoliation

At this stage we aim to exfoliate the skin without causing any irritation (acids free) by removing dead skin cells and gently renew it

#### Exfoliating Enzyme Gel (2ml)

Apply 2ml Exfoliating Enzyme Gel (Prickly Pear Extract) on the face and neck and leave on until it is absorbed.

*(Duration: 10 minutes)*

### Step 3: Hydra Calming System

At this step, the vitamin B complex in synergy with a cocktail of calming active ingredients, reduce skin irritation, relieve the skin from erythema and hydrate it, in 2 stages:

#### 3a. Vitamin B Complex Serum (1ml)

On dry, oil-free skin apply 1ml Vitamin B Complex Serum on the face and neck and allow it to be absorbed or ionize using the negative pole. *(Duration: 2 minutes)*

#### 3b. Clarifying Active Mask (5ml)

Apply 5ml Clarifying Active Mask on the face and neck. Leave on the mask for 15 minutes and rinse it with water. *(Duration: 15 minutes)*

*(Total duration: 17 minutes)*

## Step 4: Hydra Protecting System

This stage aims to further relieve irritation and erythema, strengthen the skin barrier and protect the skin from environmental aggression and UV radiation, in **2 stages**:

### 4a. Provital D3 Serum (1ml)

On dry, oil-free skin apply 1ml Provital D3 Serum on the face and neck and allow it to be absorbed (do not ionize). (*Duration: 2 minutes*)

### 4b. Hydra Calming Cream (2ml)

Apply 2ml Hydra Calming Cream and massage gently until it is absorbed. (*Duration: 1 minute*)

*(Total duration: 3 minutes)*

## Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 depending on the season and time of the session. (*Duration: 1 minute*)

## Step 6: Home Daily Regimen

Morning:

- Provital D3 Serum
- Hydra Calming Cream

Night:

- Vitamin B Complex Serum
- Hydra Calming Cream

Strongly recommend use of home regimen products during and in between treatments. Products should be used tactically until all contents (ex: Jar= 50ml) have been utilized.

## Sensitivity Calming Therapy

	Step	Product	Quantity/ application	Duration
1	<b>Cleansing System</b>	Sensitive Cleansing Gel	1ml	3 minutes
2	<b>Enzymatic Exfoliation</b>	Exfoliating Enzyme Gel	2ml	10 minutes
3	<b>Hydra Calming System</b>	Vitamin B Complex Serum	1ml	2 minutes
		Clarifying Active Mask	5ml	15 minutes
4	<b>Hydra Protecting System</b>	Provital D3 Serum	1ml	2 minutes
		Hydra Calming Cream	2ml	1 minute
5	<b>Sun Protection</b>	Sunfilm Face Gel SPF 30	2ml	1 minute

### Home Daily Regimen: Morning - Night



**Provital D3 Serum**



**Hydra Calming Cream**



**Vitamin B Complex Serum**